

WELCOME TO COULSON TOUGH!

We know your child is excited to start school. Our school nurse, Cyndi Schulken, RN, has helpful information to make your child's transition to our school a wonderful one.

MEDICATION:

- In order for the nurse to give your child any medication (over-the-counter or prescription):
 1. The medication dosage must be approved for your child's age by the United States FDA.
 2. The medication must be in the original container (expired medication cannot be administered).
 3. A prescription medication must have the prescription label on the bottle or inhaler.
 4. A parent/guardian must bring medication to the nurse and sign it in (dosage and time).
 5. Per CISD policy, children are never allowed to transport any medication or keep it in their backpack.
 6. You can download a CISD Medication Permission here:

[Medication Permission Form 2023-24](#)

FOOD / SPECIAL TREATS:

- We have many children with food restrictions or severe (life-threatening) food allergies.
- Per CISD policy, please make sure you **notify the teacher** prior to bringing food such as special treats for birthdays or class parties. The teacher or nurse will assist with identifying students with food allergies.
- We respectfully ask that peanut or tree nut snacks and foods be avoided in the classroom. This includes foods that "may be processed on equipment that processes peanuts/nuts".
- If your child eats lunch in the cafeteria, your child MAY bring peanut / tree nut containing foods for lunch, just not for snacks in the classroom.
- Please contact Nurse Cyndi if your child has any type of food allergy or if you have questions.

REGARDING ILLNESS:

A student will be sent home from school with the following symptoms:

- Temperature of 100 degrees or more (37.7 Celsius)
- Vomiting or diarrhea
- Too ill to function in the classroom
- A student should not be sent to school if a fever-reducing medication is required to get the temperature below 100 degrees.
- Per the CISD Student Handbook, students must stay out of school until they are fever / diarrhea free for 24 hours without fever-reducing medications.
- It is important to email or send a note to the nurse and the teacher if your child is having any type of health problem on a particular day or will be absent. Include the registrar cduncan@conroeisd.net if your child will be absent.
- ALL KINDERGARTEN PARENTS ARE ASKED TO PUT A SPARE PAIR OF CLOTHES, INCLUDING UNDERWEAR AND SOCKS, IN THEIR CHILD'S BACKPACK (accidents and spills occasionally happen, and students love putting on their own clothes).

Always feel free to contact our school nurse, Cyndi Schulken, RN, if you have any questions.

Phone: 281-465-5905 Email: cschulken@conroeisd.net Fax: 936-709-9909